

## *Curriculum Vitae*

# Sanchita Rakshit

Khamarpara Shibatala Lane, PO- Bansberia  
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### ***Objectives: -***

Looking for a professional position in a highly-esteemed Organization, to teach Physiology and help students embark the glorious career path in the said field.

### ***Education: -***

- ❖ Burdwan University  
**M. Sc** in Environmental science specialization of Physiology, 2015  
[75.16 %] (1<sup>st</sup> class with University 8th Rank)
- ❖ Burdwan University  
**B. Sc (Hons.)** in Physiology, 2013  
[62.62 %] (1<sup>st</sup> class)
- ❖ West Bengal Council of Higher Secondary Education  
**Higher Secondary (10+2)**, 2009  
[64.80%] (1<sup>st</sup>class)
- ❖ West Bengal Board of Secondary Education  
**Madhyamik (Class 10)**, 2007  
[73.50 %] (1<sup>st</sup> class)

### ***Other Qualification-***

Qualified **Research Eligibility Test (RET)**, 2017

Pursuing **Ph.D** under The University of Burdwan

Name of Supervisor- Dr. Purushottam Pramanik

### ***Certification: -***

- ❖ **Course on Computer Concepts (CCC)**  
NIELIT(Formerly DOEACC Society), 1year,2012-2013
- ❖ **Certificate Course in “Plant Tissue Culture”**  
Hooghly Mohsin College (Govt. of West Bengal), 1 year, 2013  
Chinsurah, West Bengal

- ❖ **Certificate Course in “Tools & Techniques in Bio-Technology”**  
Hooghly Mohsin College (Govt. of West Bengal), 1 year, 2014  
Chinsurah, West Bengal

**Publication: -**

- ❖ **Rakshit, Sanchita.**, Pramanik, Purushottam. (2023). “Prevalence of high blood pressure and associated risk predictors among school going adolescent living in West Bengal, India”, *Global Journal for Research Analysis, Volume-12,(March.2023)*.
- ❖ Pramanik, Purushottam., **Rakshit, Sanchita.**,& Saha, Payel., (2015). “Physical determinants of early menarche: Study of age at menarche and anthropometric measures in Bengali Girls”, *Scholars Journal of Applied Medical Sciences*, 3(2C), 723-29.
- ❖ Pramanik,Purushottam., Ganguli, Indranarayan.,**Rakshit,Sanchita.**, Chowdhury,Rohitaswa.,(2016) “Impact of Coal-Fired Thermal Power Plant on Pulmonary Health of Primary School Children”, *IOSR Journal of Dental and Medical sciences (IOSR-JDMS)*, 15(8), IV,(August. 2016), 88-93.
- ❖ Pramanik, Purushottam., **Rakshit, Sanchita.**, and Ganguli, Indranarayan., (2016) "Pulmonary health status of children living in semi-urban area of Hooghly, West Bengal." *International Journal of Medical and Health Sciences*, 5(4), 219-224.

**Professional Experience: -**

- ❖ Former College Level **NSS Volunteer**  
Attended Special Camp in 2011 under theme(s) “Environment including preservation of natural resources and conservation of cultural / historical heritage.”  
From 2009 – 2011.
- ❖ Attended a workshop cum Training programme  
On “Plant Tissue Culture Techniques”  
Organized by **Boinchi Bio-Plants Pvt. Ltd.** (Recognized by DBT & DSIR, Govt. of India)  
05.11.2012 - 01.12.2012.
- ❖ Participated the Seminar cum Workshop  
On “**Tools and Techniques in Biotechnology**”  
Organized by DBT Central Committee, Hooghly Mohsin College, Chinsurah, Hooghly,  
March 13 -24,2014.
- ❖ Presented a Poster  
Entitled “**Effect of Lead Acetate on rat’s uterus on in vitro and vivo study**”  
**ICMR** – Sponsored National Seminar, 2014,  
Organized by Raja N.I. Khan Women’s’ college Midnapore. (1<sup>st</sup> Position)
- ❖ Attended and Presented paper  
In the section Medical science (Physiology), **22<sup>nd</sup> STATE SCIENCE AND TECHNOLOGY CONGRESS 2015**,  
February 28- March 1<sup>st</sup>, 2015.
- ❖ Participate as a presenting author in oral section of Medical science (Physiology),  
**4<sup>th</sup> REGIONAL SCIENCE AND TECHNOLOGY CONGRESS (Southern Region) 2019**,  
December 23 to 24, of 2019

**Personal Details: -**

Date of Birth : 18.02.1991  
Father Name : Mr. Arun Rakshit

Mother Name : Mrs. Samapti Rakshit  
Husband Name : Mr. Susovan Ghosh  
Gender : Female  
Marital Status : Married  
Nationality : Indian  
Caste : General  
Religion : Hinduism  
Hobbies : Communicating with People  
Languages Known : English, Bengali, and Hindi

I do hereby declare that all the above information furnished by me is true.

*Sanchita Rakshit*

Date-

**Reference: -**

Dr. Purushottam Pramanik  
Principal (WBSES)  
(Associate Professor in Physiology)  
HOOGHLY MOHSIN GOVERNMENT COLLEGE  
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Dr. Nirmal Pradhan,  
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